Finding a SHIP-Anthem In-Network Mental Health Provider

1. Go to https://www.anthem.com/ca/health-insurance/provider-directory/searchcriteria

2. On the left-hand side of the next screen you can search as a member by creating an account. If you create an account, you will not need the instructions, below. After logging on, simply indicate they type of provider and location you are looking for.

   - You may also search without creating an account by clicking on the phrase 'Search by Selecting a Plan or Network' on the right-hand side of the screen, below 'Search as a Guest'.

3. On the next screen
   - Below 'Type of Care' select 'Medical'.

   - Below 'What State' select 'California' (even if you are searching for a provider out of state).

   - Below 'Plan/Network' select 'UCSHIP' by typing this into the drop-down box.

   - Click Continue.

4. On the next screen
   - Below 'I'm looking for a' select 'Behavioral Health'.

   - Below 'Who specializes in' choose a provider type. Licensed Clinical Social Worker, Marriage and Family Therapists, and Psychologist provide talk therapy. Psychiatrists provide medication management.

   - If you have specific requirements for a therapist, complete the information by selecting 'Show specialty details'.

   - Below 'Located Near' enter the Westwood zip code of 90024 if you are looking for a provider near campus. Otherwise, enter the zip code of your choosing.

   - Adjust the miles depending on your mode of transportation and personal convenience.

   - Make sure to click the button for 'Accepting new patients'.

5. Click Search.