# Sliding Scale Counseling Centers

- All agencies offer Individual Adult Counseling Services
- * Next to clinic name on this page indicates psychiatry services available. Note that most agencies that have psychiatry ONLY do so with simultaneous psychotherapy.
- Red highlighting indicates vetted referrals for students; accessible from UCLA by foot or one bus ride on Wilshire Blvd. or Westwood Blvd.
- Clinics may have considerable wait-times for initial appointments (aka Intakes); Call to confirm.

## Disclaimer
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## Clinic Listing by Neighborhood

<table>
<thead>
<tr>
<th>Neighborhood</th>
<th>Agencies</th>
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</table>
| Westwood/Campus Adjacent                          | • The Chicago School Counseling Center  
• UCLA Psychology Clinic* |
| Santa Monica                                      | • Family Service of Santa Monica*  
• The Saturday Center |
| Culver City/West LA/Marina del Rey                | • Antioch University Counseling Center  
• Colors LGBTQ Youth Counseling Center  
• Family Resource Counseling Center  
• Open Paths Counseling Center  
• Women’s Clinic & Family Counseling Center |
| Beverly Hills/Century City                        | • The Maple Counseling Center*  
• Wright Institute Los Angeles |
| Inglewood/Westchester                             | • Pepperdine Community Counseling Center  
• Airport Marina Counseling Service* |
| Lawndale/Hawthorne/El Segundo                     | • San Martin de Porres Center*  
• South Bay Center for Counseling |
| Miracle Mile/Mid-City                             | • Jewish Family Services  
• The Ness Counseling Center  
• The Relational Center  
• Southern California Counseling Center |
| Hollywood/Silver Lake                             | • Los Angeles LBGT Center* |
| Burbank                                           | • Family Service Agency of Burbank |
| Pasadena/San Gabriel Valley                      | • Foothill Family Service*  
• Fuller Psychological & Family Services  
• Pasadena Mental Health Center  
• Rose City Center  
• Santa Anita Family Services |
| San Fernando Valley – North                       | • Counseling West  
• Hillview Mental Health Center, Inc.*  
• Mitchell Family Counseling Clinic (@ CSUN)  
• San Fernando Valley Counseling Center |
| San Fernando Valley – East (of 405 Fwy)           | • The Center for Individual & Family Counseling |
| San Fernando Valley – West (of 405 Fwy)           | • Encino Community Counseling Center/Pepperdine  
• Neighborhood Counseling Center  
• Philips Graduate Institute Counseling Center |
| South Central                                     | • Watts Counseling & Learning Center |
| Orange County                                     | • The Chicago School Counseling Center (Irvine)  
• Living Success Center |
<table>
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<tr>
<th>Name / Contact Info</th>
<th>Fees / Insurance</th>
<th>Services (Groups, Other programs, Other languages)</th>
<th>Psychiatry</th>
<th>Hours</th>
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<tr>
<td><strong>Airport Marina Counseling Service</strong></td>
<td></td>
<td>• Individuals, couples, family, children, group</td>
<td>For current clients; requires minimum of 5 therapy visits before referral.</td>
<td>M-Th: 9am-9pm F-Su: 9am-3pm</td>
</tr>
<tr>
<td>310-670-1410 7891 La Tijera Blvd., Los Angeles, 90045  <a href="http://www.airportmarina.org">www.airportmarina.org</a> (updated 2/27/15)</td>
<td>Intake: $30  Session: sliding scale, $15-$90  <strong>Insurance</strong>: PPO</td>
<td>• Groups: Court-approved Parenting class, Anxiety, Anger management for Youth, Men’s, Women in transition, Couples  • <strong>Languages</strong>: Spanish</td>
<td>No</td>
<td>M-Th: 9am-9pm F: 9am-5pm Sat: 9am-4pm</td>
</tr>
<tr>
<td><strong>Antioch University Counseling Center</strong></td>
<td></td>
<td>• Individuals, couples, family, children, services for court-mandated clients.  • International and LGBT counseling programs.  • <strong>Groups</strong>: varies, call to confirm specific focus  • <strong>Languages</strong>: Call to confirm. Spanish, Korean, Japanese, Farsi, Greek, Polish, Vietnamese, Hebrew, Russian</td>
<td>No</td>
<td>M-Th: 8am-8pm F: 9am-5pm Sat: 9am-4pm</td>
</tr>
<tr>
<td>310-574-2813 x366 400 Corporate Pointe, Culver City, 90230  <a href="http://www.antiochla.edu">www.antiochla.edu</a> (updated 2/27/15)</td>
<td>Sliding scale: $20-$85  <strong>Insurance</strong>: PPO, No Medi-Cal or Medicare.</td>
<td></td>
<td>No</td>
<td>M-Th: 9am-9pm F: 9am-5pm Sat: 9am-4pm</td>
</tr>
<tr>
<td><strong>The Center for Individual &amp; Family Counseling</strong></td>
<td></td>
<td>• Individuals, couples, family, children, crime victims  • <strong>Groups</strong>: varies, call to confirm specific focus  • <strong>Languages</strong>: Spanish, Farsi, Portuguese, Russian</td>
<td>No</td>
<td>M-Th: 9am-9pm F-Su: 9am-6pm</td>
</tr>
<tr>
<td>818-761-2227 x707 5445 Laurel Canyon Blvd., North Hollywood, 91607  <a href="http://www.cifc1.org">www.cifc1.org</a> (updated 2/27/15)</td>
<td>Intake: $30 (coupon for free intake on website)  Session: sliding scale  <strong>Insurance</strong>: No</td>
<td></td>
<td>No</td>
<td>M-Th: 9am-9pm F-Su: 9am-6pm</td>
</tr>
<tr>
<td><strong>The Chicago School Counseling Center</strong></td>
<td></td>
<td>• Individuals, couples, family, children, psychological testing, free psychoeducational lectures, court-mandated domestic violence &amp; anger management program.  • <strong>Groups</strong>: Call to confirm specific focus  • <strong>Languages</strong>: Spanish, Armenian, Farsi</td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td>310-481-5900 (West LA) 1990 Westwood Blvd. Ste 330 Los Angeles, 90025  <a href="http://counseling.tcscenters.org">http://counseling.tcscenters.org</a> (updated 11/22/16)</td>
<td>Intake: $60  Session: sliding scale  <strong>Insurance</strong>: No</td>
<td></td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td><strong>Colors LGBTQ Youth Counseling Center</strong></td>
<td></td>
<td>• For youth under age 25  • Individuals, couples, family and group counseling</td>
<td>No</td>
<td>7 days a week, by appointment</td>
</tr>
<tr>
<td>323-953-5130 located at Antioch University Los Angeles 400 Corporate Pointe Culver City, 90230  <a href="http://www.colorsyouth.org">www.colorsyouth.org</a> (updated 9/14/16)</td>
<td>Free</td>
<td></td>
<td>No</td>
<td>7 days a week, by appointment</td>
</tr>
<tr>
<td><strong>Counseling West</strong></td>
<td></td>
<td>• Individuals, couples, family, psychological testing,  • <strong>Groups</strong>: Call to confirm specific focus  • <strong>Languages</strong>: Hebrew, Armenian, Farsi, German, Russian</td>
<td>No</td>
<td>M-F: 8am-9pm Sat: 8am-6pm</td>
</tr>
<tr>
<td>818-990-9898 4419 Van Nuys Blvd., Ste. 310 Sherman Oaks, CA 91403  <a href="http://www.counselingwest.com">www.counselingwest.com</a> (updated 6/2/16)</td>
<td>Intake: $40  Session: sliding scale based on income</td>
<td></td>
<td>No</td>
<td>M-F: 8am-9pm Sat: 8am-6pm</td>
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| **Encino Community Counseling Center**  
(of Pepperdine University)  
818-501-1678  
16830 Ventura Blvd., Ste 216, Encino, 91436  
http://gsep.pepperdine.edu/about/clinics/encino  
(updated 2/27/15) | Intake: $25  
Session: sliding scale  
**Insurance**: No | • Individuals, couples, family, educational therapy, stress management, psychological testing, neuropsychological screening  
• **Groups**: Call to confirm specific focus | No | By appointment |
| **Family Resource Counseling Center**  
310-479-9798  
11500 W. Olympic Blvd., Ste. 240, Los Angeles, 90064  
www.frccla.com  
(updated 2/27/15) | Sliding scale: $50-$250  
**Insurance**: Most out-of-network PPO & Medicare. | • Individuals, couples, family, children, psychological testing, bariatric surgery eval, DUI eval, ADHD, divorce & separation, hypnotherapy, parenting support, art therapy  
• **Groups**: varies, call to confirm specific focus | No | Flexible day, evening, weekend |
| **Family Service Agency of Burbank**  
818-845-7671  
2721 W. Burbank Blvd., Burbank, 91505  
www.familyserviceagencyofburbank.org  
(updated 2/27/15) | Sliding scale: $20+  
**Insurance**: No | • Individuals, couples, family, children, transitional housing programs for homeless adults & teens.  
• **Groups**: varies, call to confirm specific focus  
• **Languages**: Spanish, Russian, Hebrew, Armenian, Farsi | No | M-F: 9am - 9pm  
Sat: 8am - 6pm  
Sun: By appointment |
| **Family Service of Santa Monica**  
310-451-9747  
1533 Euclid St, Santa Monica, 90403  
www.vistadelmar.org/family-services-of-santa-monica  
(updated 2/27/15) | Sliding scale.  
**Insurance**: PPO, Medi-Cal for minors | • Individuals, couples, family, children  
• **Groups**: varies, call to confirm specific focus | For current clients receiving therapy | M-Th: 9am-8pm  
F: 8:30am-4pm |
| **Foothill Family Service**  
626-993-3000  
Multiple locations: Pasadena, El Monte, W. Covina, Duarte  
www.foothillfamily.org  
(updated 2/27/15) | Intake: $25  
Session: sliding scale  
**Insurance**: PPO | • Individuals, couples, family, children  
• **Groups**: Parenting, domestic violence  
• **Languages**: Spanish | For minors w/ Medi-Cal | M-F: Hours vary by location |
| **Fuller Psychological & Family Services**  
626-584-5555  
180 North Oakland Ave., Pasadena, 91101  
http://fuller.edu/fuller-psychological-and-family-services/  
(updated 2/27/15) | $40-$120  
Psychological testing: $2,500  
**Insurance**: No | • Individuals, couples, family, children, psychological testing, Christian counseling  
• Does not directly treat bipolar disorders, eating disorders, substance-related and addictive disorders.  
• **Groups**: varies, call to confirm specific focus  
• **Languages**: Spanish, Mandarin, Korean, call to confirm others | No | M-Th: 8am-8pm  
F: 8am-5pm |
### Sliding Scale Counseling Centers - Alphabetical Listing

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<td><strong>Hillview Mental Health Center, Inc.</strong>&lt;br&gt;818-896-1161 x0&lt;br&gt;12450 Van Nuys Blvd., Ste. 200&lt;br&gt;Pacoima, 91331&lt;br&gt;www.hillviewmhc.org (updated 2/27/15)</td>
<td>Medi-Cal only or those with no funding sources.&lt;br&gt;<strong>Insurance:</strong> No</td>
<td>• Individuals, family&lt;br&gt;• <strong>Groups:</strong> varies, call to confirm specific focus&lt;br&gt;• <strong>Language:</strong> Spanish</td>
<td>For current clients receiving therapy</td>
<td>By appointment</td>
</tr>
<tr>
<td><strong>Jewish Family Service of Los Angeles</strong>&lt;br&gt;877-275-4537 Central Access&lt;br&gt;310-247-0864 (Metro site), 818-984-1380 (SFV site)&lt;br&gt;Multiple locations: LA, San Fernando Valley&lt;br&gt;www.jfsla.org (Do not need to be Jewish to access services) (updated 2/27/15)</td>
<td>Sliding scale.&lt;br&gt;<strong>Insurance:</strong> Some private insurance</td>
<td>• Individuals, family&lt;br&gt;• <strong>Other services:</strong> Iranian peer counseling (818-464-2864), Addiction &amp; prevention (310-247-1180), Family Violence Project (818-505-0900), Immigration &amp; Refugee (323-935-5303)&lt;br&gt;• <strong>Groups:</strong> varies, call to confirm specific focus&lt;br&gt;• <strong>Languages:</strong> Farsi, Russian, Hebrew, Spanish</td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td><strong>Living Success Center</strong>&lt;br&gt;949-645-4723&lt;br&gt;949-380-1573&lt;br&gt;445 E. 17th St., Stes D-E&lt;br&gt;Costa Mesa, 92627&lt;br&gt;23193 La Cadena Dr.&lt;br&gt;Laguna Hills, 92653&lt;br&gt;www.livingsuccesscenter.org (updated 2/27/15)</td>
<td>Low/no fee&lt;br&gt;<strong>Insurance:</strong> No</td>
<td>• Individuals, couples, family, children, teens&lt;br&gt;• <strong>Groups:</strong> Parenting, Women’s group, Sexual abuse survivors</td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td><strong>Los Angeles LGBT Center</strong>&lt;br&gt;323-993-7500 #4 (financial screening appointment must be scheduled prior to scheduling counseling)&lt;br&gt;323-860-5806 main&lt;br&gt;1625 N. Schrader Blvd., Hollywood, 90028&lt;br&gt;www.lalgbtcenter.org (updated 2/27/15)</td>
<td>Sliding scale.&lt;br&gt;<strong>Insurance:</strong> Most private insurance, Medi-Cal HMO, and Medicare</td>
<td>• Individuals, couples, family, coming out support, hate crime assistance, legal services, career support&lt;br&gt;• <strong>Groups:</strong> DV, primary aggressor, anger management, transgender, healthy relationships, crystal meth, HIV&lt;br&gt;• <strong>Languages:</strong> Spanish</td>
<td>For current clients receiving therapy</td>
<td>M-F: 9am - 9pm&lt;br&gt;Sat: 9am-1pm</td>
</tr>
<tr>
<td><strong>The Maple Counseling Center</strong>&lt;br&gt;310-271-9999&lt;br&gt;9107 Wilshire Blvd., Lower Level, Beverly Hills, 90210&lt;br&gt;www.tmcc.org (updated 2/27/15)</td>
<td>Intake: $65 (payable on payment plan)&lt;br&gt;Session: sliding scale&lt;br&gt;<strong>Insurance:</strong> PPO</td>
<td>• Individuals, couples, family&lt;br&gt;• <strong>Groups:</strong> Loss of parent, gay men’s interpersonal, men &amp; women’s interpersonal, women’s group&lt;br&gt;• <strong>Languages:</strong> Spanish, Hebrew, call to confirm others</td>
<td>For current clients receiving therapy</td>
<td>M-Th: 9am-9pm&lt;br&gt;F: 9am-5pm&lt;br&gt;Sat: 9am-1pm</td>
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## Sliding Scale Counseling Centers - Alphabetic Listing

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<tr>
<td>Mitchell Family Counseling Clinic @ Cal State Northridge</td>
<td>Sliding scale Insurance: No</td>
<td>Individual, couples, family, children • Groups: Anxiety &amp; stress management, parenting skills, adults living with Asperger’s, various children’s groups</td>
<td>No</td>
<td>By appointment weekdays, evenings &amp; weekends.</td>
</tr>
<tr>
<td>Neighborhood Counseling Center</td>
<td>Sliding scale Insurance: Some PPO</td>
<td>Individual &amp; couples • Free help for gamblers or those affected by their gambling. • Languages: Spanish</td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td>The Ness Counseling Center</td>
<td>Sliding scale Insurance: No</td>
<td>Individual, couples, family, drug &amp; alcohol testing/treatment, court-mandated services • Groups: Parenting classes, DV/anger management groups, eating disorders, sexual addictions • Languages: Spanish</td>
<td>No</td>
<td>M-Th: 8am-8pm F: 9am-3pm Sun: 9am-2pm</td>
</tr>
<tr>
<td>Open Paths Counseling Center</td>
<td>Sliding scale Insurance: Most PPO No Medicare or Medi-Cal</td>
<td>Individual</td>
<td>No</td>
<td>Flexible day, evening, weekend</td>
</tr>
<tr>
<td>Pasadena Mental Health Center</td>
<td>Intake: no fee Session: sliding scale Insurance: No</td>
<td>Individual, couples, family, children, victims of crime, survivors of DV, parenting classes • Languages: Spanish</td>
<td>No</td>
<td>M-Th: 8am-9pm F: 10am-6pm Sat: 10am-5pm</td>
</tr>
<tr>
<td>Pepperdine Community Counseling Center (Located in Howard Hughes Center in West LA)</td>
<td>Sliding scale Insurance: No</td>
<td>Individual, couples, family, stress management, vocational counseling, educational therapy, psychological assessment (for clients receiving therapy) • Groups: varies, call to confirm specific focus • Languages: Spanish</td>
<td>No</td>
<td>By appointment</td>
</tr>
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<td>Hours</td>
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| Phillips Graduate Institute Counseling Center (FKA California Family Counseling Ctr or CalFam) 818-386-5615 19900 Plummer St., Chatsworth, 91311 http://pgi.edu (updated 2/27/15) | Sliding scale,  
**Insurance**: PPO  
No Medi-Cal or Medicare.                                                            | • Individuals, couples, family, children, services for court-mandated clients.  
• **Groups**: varies, call to confirm specific focus  
• **Languages**: Spanish, Farsi | No         | M-Th: 8am-9pm  
F-Sa: 8am-5pm |
| The Relational Center 323-935-1807 2717 S. Robertson Blvd., Los Angeles, 90034 www.relationalcenter.org (updated 2/27/15) | Sliding scale for therapy:  
$8-$40 members;  
$50 non-members  
Membership: $20-$80 per month  
**Insurance**: No | • Individuals, couples, family  
• **Other wellness services including**: massage, Feldenkrais, yoga, dance, acupuncture | No         | M-F: 9am-9pm  
Sa-Su: 9am-5pm |
| Rose City Center 626-793-8609 595 E. Colorado Blvd., Ste. 418, Pasadena, 91101 http://rosecitycenter.org (updated 9/14/15) | Sliding scale, $35-80  
**Insurance**: No | • Individuals, couples, family, teens  
• Therapy is primarily from psychodynamic/psychoanalytic orientation  
• **Groups**: Grief, anger management, women's group | No         | By appointment |
| San Fernando Valley Counseling Center 818-341-1111 8350 Reseda Blvd., Northridge, 91324 www.sfvc.org (updated 9/15/15) | Intake: $20  
Session: Sliding scale $20-$120  
**Insurance**: No | • Individuals, couples, family, children  
• **Groups**: Substance abuse, women's group, parenting classes  
• **Languages**: Spanish | No         | M-F: 9am-9pm  
Sa: 9am-5pm |
| San Martin de Porres Center 310-644-3300 15342 Hawthorne Blvd., #305, Lawndale, 90260 www.martindeporrescenter.org (updated 9/15/15) | Intake: $50  
Session: sliding scale  
**Insurance**: PPO & Medi-Cal | • Individuals, couples, family, children  
• **Groups**: Anger management, DV diversion, victims of violent crimes, parenting classes, sex offender’s treatment, sexual abuse awareness  
• **Languages**: Spanish | No         | Intake hrs:  
M-F 9am-5pm  
Clinic hrs:  
M-F 9am-7pm  
Sat: 9am-5pm |
| Santa Anita Family Services Monrovia:626-359-9358  
San Gabriel:626-308-1414  
Covina: 626-966-1755  
www.santaanitafamilyservice.org (updated 2/27/15) | Sliding scale  
**Insurance**: No | • Individuals, couples, family, court-mandated services  
• **Groups**: Domestic violence prevention, anger management, chemical dependency, veterans & family support (Monrovia)  
• **Languages**: Call to confirm | No         | By appointment |
| The Saturday Center 310-829-7997 3201 Wilshire Blvd., Ste. 201, Santa Monica, 90403 www.saturdaycenter.org (updated 2/27/15) | Intake:$50  
Session: $40-$125 with proof of need  
**Insurance**: Out-of-Network PPO & Medicare | • Individuals, couples, family, teens  
• **Groups**: Sexual abuse and assault recovery  
• **Languages**: Russian, Farsi, call to confirm others | No         | By appointment, weekdays, evenings and Saturdays. |
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<td>South Bay Center for Counseling</td>
<td>Sliding scale Insurance: No</td>
<td>Individual, family, support for low-income, first yr students; Immigration legal services; Career pathways</td>
<td>No</td>
<td>By appointment</td>
</tr>
<tr>
<td>Southern California Counseling Center</td>
<td>Intake: $20 Session: Sliding scale Insurance: No</td>
<td>Individuals, couples, family, children</td>
<td>For current clients receiving therapy</td>
<td>M-F: 8am-9pm Sa-Su: 9am-5pm</td>
</tr>
<tr>
<td>UCLA Psychology Clinic</td>
<td>Intake: $40 Session: sliding scale, $30-$150 Group fees: $5-$10/session UCLA students, faculty, staff get 10% off Insurance: No</td>
<td>Individuals, couples, family, children, sliding scale neuropsychological assessments ($400-$900)</td>
<td>For current clients receiving therapy</td>
<td>M-Th: 8am-7pm F: 8am-5pm</td>
</tr>
<tr>
<td>Watts Counseling &amp; Learning Center</td>
<td>Free, Kaiser membership not required</td>
<td>Individuals, couples, family, parent-child</td>
<td>No</td>
<td>Intake by walk-in or phone. M-F: 7am-7pm Sat: 8am-4pm</td>
</tr>
<tr>
<td>Women's Clinic &amp; Family Counseling Center</td>
<td>Sliding scale Insurance: No</td>
<td>Men, women, couples, group therapy</td>
<td>Referral to sliding scale, off-site psychiatrist</td>
<td>Day, Evening &amp; Sat hours available</td>
</tr>
<tr>
<td>Wright Institute Los Angeles</td>
<td>Free phone intake Session: sliding scale Insurance: No</td>
<td>Individuals, couples, adult family, SRP (Self Regulation Project-intensive outpatient program; $200/wk, 3 month commitment), ECP (Economic Crisis Program-for those severely impacted by unemployment &amp; economic downturn)</td>
<td>Referral to consulting psychiatrist</td>
<td>M-F: 8am-9pm</td>
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