

Resources for Diversity Trainings

General White Ally Resources

- (Article) [For our White Friends Desiring to Be Allies \(Sojourners\)](#)
- (Article) [Resources for White People to Learn and Talk about Race and Racism \(Fractured Atlas\)](#)
- (Article) [75 Things White People Can Do for Racial Justice \(Medium\)](#)
- (Article) [Anti-Racism Resources for White People](#)
- (Article) [Affirming Black Lives Without Inducing Trauma \(Teaching Tolerance\)](#)
- (Article) [Opportunities for White People in the Fight for Racial Justice](#)

Anti-Racism Resources

- (Article) [The Characteristics of White Supremacy Culture](#)
- (Article) [Processing Racial Trauma](#)
- (Article) [Whiteness at Work](#)
- (Article) [Asian American Racial Justice Tool Kit](#)
- (Article) [White Therapist Addressing Racism in Psychotherapy: An Ethical and](#)
- (Compilation of Resources) [Resources for White People to deepen anti-racism work](#)
- (Compilation of Resources) [Resources from Academics for Black Lives](#)
- (Youtube) [System Racism Explained](#) (4:23 – a brief overview)
- (Youtube) [Robin DiAngelo discusses “White Fragility”](#) (1:23:30)
- (Youtube) [Processing Racial Trauma](#) (45:33)
- (Youtube) [The Urgency of Intersectionality](#) (18:42)
- (Book) [Stamped from the beginning](#)
- (Book) [How to be an antiracist](#)
- (Book) [The color of law](#)
- (Book) [Me and My White Supremacy](#)
- (Free CE) [Hey, White Therapist, Here’s Where We Start](#)
- (Film for Purchase) [Always in Season](#)
- (In Person Training) [Michigan State’s Intergroup Relations training](#)
- (Web based training) [Academics for Black Survival and Wellness](#)
- (Web based training) [Adaway Group – Whiteness at Work](#)