Sliding Scale Counseling Centers

- All agencies offer Individual Adult Counseling Services
- * Next to clinic name on this page indicates psychiatry services available. Note that most agencies that have psychiatry ONLY do so with simultaneous psychotherapy.
- Clinics may have considerable wait-times for initial appointments (aka Intakes); Call to confirm.
- This form is updated bi-annually. Please note that information may have changed. Please call or visit their website for most accurate information.

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Clinic Listing by Neighborhood

**Westwood/Campus Adjacent**
- Spanish Speaking Psychosocial Clinic – UCLA
- UCLA Psychology Clinic*

**Santa Monica**
- Family Service of Santa Monica*
- The Saturday Center

**Culver City/West LA/Marina Del Rey**
- Antioch University Counseling Center
- Colors LGBTQ Youth Counseling Center
- OpenPaths Counseling Center
- Women’s Clinic & Family Counseling Center

**Beverly Hills/Century City**
- The Maple Counseling Center*
- Wright Institute Los Angeles

**Inglewood/Westchester**
- Pepperdine Community Counseling Center
- Airport Marina Counseling Service*

**Mile/Mid-City**
- Jewish Family Services
- The Ness Counseling Center
- The Relational Center
- Southern California Counseling Center

**West Hollywood/Silver Lake**
- Los Angeles LBGT Center*

**Burbank**
- Family Service Agency of Burbank

**Pasadena/San Gabriel Valley**
- Foothill Family Service*
- Fuller Psychological & Family Services

**San Fernando Valley – North**
- Counseling West
- Hillview Mental Health Center, Inc.*
- Mitchell Family Counseling Clinic (@ CSUN)
- San Fernando Valley Counseling Center

**San Fernando Valley – East (of 405 Fwy)**
- The Center for Individual & Family Counseling

**San Fernando Valley – West (of 405 Fwy)**
- Encino Community Counseling Center/Pepperdine
- Neighborhood Counseling Center
- Philips Graduate Institute Counseling Center South Central
- Watts Counseling & Learning Center

**Orange County**
- Living Success Center
<table>
<thead>
<tr>
<th>Name / Contact Info</th>
<th>Fees/ Insurance</th>
<th>Services (Groups, Other Programs, Other Languages)</th>
<th>Psychiatry</th>
<th>Hours</th>
<th>Updated</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Airport Marina Counseling Service</strong></td>
<td></td>
<td>• Individuals, couples, case management, family, children, group, Hannon immediate intervention program, LGBTQIA Center</td>
<td>For current clients; requires minimum of 5 therapy visits before referral.</td>
<td>M-Th: 9am-9pm F-Su: 9am-3pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>7891 La Tijera Blvd., Los Angeles, 90045</td>
<td>Intake Fee: $30</td>
<td>• <strong>Groups</strong>: Court-approved Parenting class, Anxiety, Anger management for Youth, Men’s, Women in transition, Couples</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>310-670-1410</td>
<td>Sessions: Sliding Scale $15-$90</td>
<td></td>
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<td></td>
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</tr>
<tr>
<td><a href="http://www.airportmarina.org">www.airportmarina.org</a></td>
<td>Insurance: N/A</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Antioch University Counseling Center</strong></td>
<td></td>
<td>• Individuals, family, children, services for court-mandated clients. International and LGBT counseling programs.</td>
<td>No</td>
<td>M-F: 8am-9pm Sat: 8am-6pm Sun: 8am-4pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>400 Corporate Pointe, Culver City, 90230</td>
<td>Intake Fee: Unknown</td>
<td>• <strong>Groups</strong>: call to confirm specific focus</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>310-574-2813 x366</td>
<td>Session: Unknown</td>
<td>• <strong>Languages</strong>: Call to confirm. English, Farsi, Hebrew, Russian and French</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/">https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/</a></td>
<td></td>
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</tr>
<tr>
<td><strong>The Center for Individual &amp; Family Counseling</strong></td>
<td></td>
<td>• Individuals, couples, family, children, adolescents</td>
<td>No</td>
<td>M-Th: 9am-9pm F-Su: 9am-5pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>5445 Laurel Canyon Blvd., North Hollywood, 91607</td>
<td>Intake: $40</td>
<td>• <strong>Groups</strong>: N/A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>818-761-2227 x707</td>
<td>Session: Sliding scale $40-$130</td>
<td>• <strong>Languages</strong>: Spanish, Farsi,</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="https://www.thecenterpro.org/services">https://www.thecenterpro.org/services</a></td>
<td>Insurance: No</td>
<td></td>
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<td></td>
</tr>
<tr>
<td><strong>Colors LGBTQ Youth Counseling Center</strong></td>
<td></td>
<td>• For youth under 25 and their families</td>
<td>No</td>
<td>7 days a week, by appointment</td>
<td>7/2019</td>
</tr>
<tr>
<td>located at Antioch University Los Angeles</td>
<td>Intake Fee: Unknown</td>
<td>• Individuals, couples, family, and group counseling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Corporate Pointe Culver City, 90230</td>
<td>Session: Free</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>310-574-2813 ext. 366</td>
<td>Insurance: No</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td><a href="http://www.colorsyouth.org">www.colorsyouth.org</a></td>
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</tr>
<tr>
<td><strong>Counseling West</strong></td>
<td></td>
<td>• Individuals, couples, family, children, psychological testing</td>
<td>No</td>
<td>M-F: 8am-9pm Sat: 8am-6pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>4419 Van Nuys Blvd., Ste. 310</td>
<td>Intake Fee: $40</td>
<td>• <strong>Groups</strong>: Call to confirm specific focus</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sherman Oaks, CA 91403</td>
<td>Session: Sliding scale $40+$</td>
<td>• <strong>Languages</strong>: Armenian, German, French, Farsi, Hebrew, Spanish, Cantonese, and American Sign Language</td>
<td></td>
<td></td>
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<tr>
<td>818-990-9898</td>
<td>Insurance: No</td>
<td></td>
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<tr>
<td><a href="http://www.counselingwest.com">www.counselingwest.com</a></td>
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</tr>
</tbody>
</table>

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| **David H. Fox Counseling Center** (formerly known as Phillips Graduate University Counseling Center)  
19900 Plummer St., Chatsworth, 91311  
818-386-5615  
https://www.pgu.edu/counseling-services.html | **Intake Fee:**  
**Sessions:** Sliding scale  
**Insurance:** Yes, No Medi-Cal or Medi-care. | • Individuals, couples, family, children, services for court-mandated clients.  
• **Groups:** Parenting group, Anger management for adults, Men’s group for ending domestic violence, Women against violence. Call for updates  
• **Languages:** Spanish, Farsi | No | M-Th: 8am-9pm  
F-Sa: 8am-5pm | Updated 7/2019 |
|---|---|---|---|---|---|
| **Encino Community Counseling Center**  
(of Pepperdine University)  
16830 Ventura Blvd., Ste 216, Encino, 91436  
818-501-1678  
http://gsep.pepperdine.edu/about/clinics/encino  
(4-6 week waitlist as of April 2019) | **Intake Fee:** $25  
**Sessions:** Sliding scale $15-$90  
**Insurance:** No | • Individuals, couples, adolescents,  
• **Groups:** They provide a list of groups in the community | No | By appointment | Updated 7/2019 |
| **Family Service Agency of Burbank**  
2721 W. Burbank Blvd., Burbank, 91505  
818-845-7671  
www.familyserviceagencyofburbank.org | **Intake Fee:** Unknown  
**Sessions:** Sliding scale  
**Insurance:** Unknown | • Individuals, couples, family, children, groups, transitional housing programs for homeless adults & teens.  
• **Groups:** varies, call to confirm specific focus | No | M-F: Hours vary by appointment | Updated 7/2019 |
| **Family Service of Santa Monica**  
1533 Euclid St, Santa Monica, 90403  
310-451-9747  
www.vistadelmar.org/family-services-of-santa-monica | **Intake Fee:** Unknown  
**Sessions:** Sliding scale $40-$170  
**Insurance:** Medi-Cal for minors | • Individuals (up to age 25) individual, couples, children  
• **Groups:** varies, call to confirm specific focus  
For current clients receiving therapy | M-Th: 9am-8pm  
F: 9am-4pm | Updated 7/2019 |
| **Foothill Family Service**  
Multiple locations: Pasadena, El Monte, W. Covina, Duarte  
626-993-3000  
www.foothillfamily.org | **Intake Fee:** $30  
**Sessions:** Sliding scale $35-$177  
**Insurance:** Tricare, Molina, Medi-cal (up to age 21.5) | Individuals, couples, family, children  
• **Groups:** Parenting, domestic violence  
• **Languages:** Spanish | For minors w/ Medi-Cal | M-F: Hours vary by location | Updated 7/2019 |

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| **Fuller Psychological & Family Services** | Intake Fee: Unknown Sessions: Sliding Scale: $45-$150 Neuropsychological testing: $3,000 Adult ADHD/Educational Assessment: $2,000 Insurance: No | • Individuals, couples, family, children, premarital counseling, group neuropsychological testing, • Does not directly treat bipolar disorders, eating disorders, or substance-related and addictive disorders • **Groups:** call to confirm specific focus | No | M-Th: 8am-9pm F: 8am-5pm | Updated 7/2019 |
| **Hillview Mental Health Center, Inc.** | Intake Fee: No for Medical Sessions: Sliding scale Insurance: Medi-Cal only | • Individuals, medication management, case management • **Groups:** varies, call to confirm specific focus • **Language:** Spanish | For current clients receiving therapy | M- F: 9am-5:30pm | Updated 7/2019 |
| **Jewish Family Service of Los Angeles** | Intake Fee: Unknown Sessions: Sliding scale. Insurance: Some private insurance | • Individuals, children, family • **Other services:** • Addiction & Prevention Program (310-247-1180) or 626-577-7729. • 24 Hour Crisis Hotlines in English and Spanish (818) 505-0900 or (323) 681-2626 • **Groups:** varies, call to confirm specific focus • **Languages:** Farsi, Russian, Hebrew, Farsi, and Spanish | No | M-Th: 8:30am-5:00pm. | Updated 7/2019 |
| **Living Success Center** | Intake Fee: Unknown Sessions: Sliding Scale Fee Insurance: No | • Individuals, couples, family, children, teens • **Groups:** A support group for loved ones who have been diagnosed with a serious illness, A skills-based program that offers a lifeline to families facing Borderline Personality Disorder, Coping with Crisis Workshop, Parenting, Women’s group, Sexual abuse survivors | No | By appointment | Updated 7/2019 |

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<table>
<thead>
<tr>
<th>Los Angeles LGBT Center</th>
<th>Intake Fee: Unknown</th>
<th>• Individuals, couples, family, coming out support, hate crime assistance, legal services, career support</th>
<th>For current clients receiving therapy</th>
<th>Updated 7/2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>1625 N. Schrader Blvd., Hollywood, 90028 323-993-7500 Ext. #5 (financial screening appointment must be scheduled prior to scheduling counseling)</td>
<td>Sessions: Sliding scale. (Mental Health services are free for people who live or work in West Hollywood,)</td>
<td>• <strong>Groups</strong>: Freedom from smoking, Women’s sexual abuse survivors, Self-empowerment for GBTQ Men, Anger Management, LGBT Healthy relationships, LGBT primary aggressors, Transgender support and empowerment, Trauma recovery, Inspiring hope coping skills, 12 step recovery groups</td>
<td>M-F: 8am - 8pm Sat: 9am-5pm</td>
<td></td>
</tr>
<tr>
<td><a href="www.lalgbtcenter.org">website</a></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>The Maple Counseling Center</td>
<td>Intake Fee: $65 (payable on payment plan)</td>
<td>• Individuals, couples, children, family</td>
<td>For current clients receiving therapy</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>9107 Wilshire Blvd., Lower Level, Beverly Hills, 90210 310-271-9999</td>
<td>Sessions: sliding scale</td>
<td>• <strong>Groups</strong>: Loss of parent, gay men’s interpersonal, creating meaningful relationships, Queer Groups, sometimes a parenting group</td>
<td>M-Th: 9am-8pm F: 9am-4pm Sat: 9am-2pm</td>
<td></td>
</tr>
<tr>
<td><a href="www.tmcc.org">website</a></td>
<td>Insurance: PPO</td>
<td>• <strong>Languages</strong>: Spanish, Portuguese, Russian, Farsi, changes call to confirm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mitchell Family Counseling Clinic @ Cal State Northridge</td>
<td>Intake Fee: Free phone intake</td>
<td>• Individual, couples, family, children</td>
<td>No</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>18111 Nordhoff St., Northridge, 91330 818-677-2568</td>
<td>Sessions: Sliding scale</td>
<td>• <strong>Groups</strong>: Various call to confirm</td>
<td>By appointment weekdays, evenings &amp; weekends.</td>
<td></td>
</tr>
<tr>
<td><a href="www.csun.edu/education/mitchell-family-counseling-clinic">website</a></td>
<td>Insurance: No</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neighborhood Counseling Center</td>
<td>Intake Fee: Same as session</td>
<td>• Individuals &amp; couples, family, group</td>
<td>No</td>
<td>Updated 7/2019</td>
</tr>
<tr>
<td>5535 Balboa Blvd., Ste. 221, Encino, 91316 818-788-2738</td>
<td>Sessions: Sliding scale $25-$100 ($40 avg)</td>
<td>• Free help for gamblers or those affected by their gambling.</td>
<td>By appointment</td>
<td></td>
</tr>
<tr>
<td><a href="www.nccencino.org">website</a></td>
<td>Insurance: Out-of-Network PPO</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Center Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Website Link</th>
<th>Intake Fee</th>
<th>Sessions</th>
<th>Insurance</th>
<th>Groups</th>
<th>Languages</th>
<th>accepting insurance?</th>
<th>Open Hours</th>
<th>Updated</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Ness Counseling Center</td>
<td>8512 Whitworth Dr., Los Angeles, 90035</td>
<td>866-843-6377 or 310-360-8512</td>
<td><a href="http://www.thenesscenter.org">www.thenesscenter.org</a></td>
<td>No Charge</td>
<td>Sliding scale: $65-$185</td>
<td>Out-of-Network PPO benefits – will verify benefits for no insurance</td>
<td>Individual, couples, family, drug &amp; alcohol testing/treatment, court-mandated services</td>
<td>Spanish</td>
<td>No</td>
<td>By appointment weekdays, evenings &amp; Sundays.</td>
<td>7/2019</td>
</tr>
<tr>
<td>Open Paths Counseling Center</td>
<td>5731 W. Slauson Ave., Ste. 175, Los Angeles, 90230</td>
<td>310-258-9677</td>
<td><a href="http://www.openpaths.org">www.openpaths.org</a></td>
<td>$20</td>
<td>Sliding scale</td>
<td>No</td>
<td>Individuals, couples, and families</td>
<td>Spanish</td>
<td>No</td>
<td>By appointment</td>
<td>7/2019</td>
</tr>
<tr>
<td>Another Way</td>
<td>Intake: $50</td>
<td>No sliding scale</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Social anxiety support group, grief support group</td>
<td>Spanish</td>
<td>No</td>
<td>M-F: 9am-9pm Sa-Su: 9am-5pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>Class Fee: $25</td>
<td>Groups: $15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>QTPALSS: A safe space for queer and trans people of color, court-approved parenting classes, Women’s empowerment group, anger management classes, Batterer intervention programs [Check website for contact info for specific groups.]</td>
<td>Spanish</td>
<td>No</td>
<td>M-Th: 9am-9pm Sa-Su: 9am-5pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>The Relational Center</td>
<td>2717 S. Robertson Blvd., Los Angeles, 90034</td>
<td>323-935-1807</td>
<td><a href="http://www.relationalcenter.org">www.relationalcenter.org</a></td>
<td>Unknown</td>
<td>Sliding scale for therapy $25-$75</td>
<td>No</td>
<td>Individuals, couples, family</td>
<td>Spanish</td>
<td>No</td>
<td>M-Th: 9am-9pm Sa-Su: 9am-5pm</td>
<td>7/2019</td>
</tr>
<tr>
<td>San Fernando Valley Counseling Center</td>
<td>16461 Sherman Way, #275, Van Nuys, CA 91406</td>
<td>818-341-1111</td>
<td><a href="http://www.sfvcc.org">www.sfvcc.org</a></td>
<td>$25 (May increase)</td>
<td>Sliding scale</td>
<td>No</td>
<td>Individuals, couples, family, children</td>
<td>Spanish</td>
<td>No</td>
<td>M-F: 9am-8pm Sa: 9am-3pm Sun: 9am-3pm No walk-ins. By appointment only</td>
<td>7/2019</td>
</tr>
<tr>
<td>The Saturday Center</td>
<td>3201 Wilshire Blvd., Ste. 201, Santa Monica, 90403</td>
<td>310-829-7997</td>
<td><a href="http://www.saturdaycenter.org">www.saturdaycenter.org</a></td>
<td>$50</td>
<td>Sliding Scale ($40-100)</td>
<td>Out-of-Network PPO &amp; Medicare</td>
<td>Individuals, couples, family, teens</td>
<td>Farsi, call to confirm others</td>
<td>No</td>
<td>M-Sa: 9am – 9am No walk-ins. By appointment only</td>
<td>7/2019</td>
</tr>
</tbody>
</table>

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| **Southern California Counseling Center** | **Intake Fee:** $20  
**Sliding scale:** $16-91  
**Insurance:** No | • Individuals, couples, family, children  
• EMDR  
• **Groups:** Best practice parenting, teen violence prevention, LGBTQI youth, community mindfulness and compassion, the abuse prevention program (TAPP), rage resolution, personal and relationship support, women in transition, senior support group | For current clients receiving therapy | Walk-in intakes for individual counseling available: M-Th: 6-8pm  
Sat: 12-2pm | Updated 7/2019 |
| **Spanish Speaking Psychosocial Clinic - UCLA** | **Intake Fee:** No  
**Sessions:** sliding scale  
**Insurance:** Yes | • Individuals, couples, family (Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual.) | Yes, must be in treatment with their therapist on a weekly basis | M-F: 8am-5pm  
(October – June) | Updated 7/2019 |
| **UCLA Psychology Clinic** | **Intake Fee:** $40  
**Sessions:** sliding scale, $30-$150 and hour  
**Group fees:** $5-$10/session  
Current UCLA students, faculty, staff get 10% off  
**Insurance:** No | • Individuals, couples, family, children, sliding scale neuropsychological assessments ($400-$900)  
• **Groups:** Dialectical Behavior Therapy for difficulties with emotions or relationships; Cognitive Behavioral Therapy for depression & anxiety, a social skills Friendship Training group for children in elementary and middle school. | Referral to consulting psychiatrist off-site. | M-Th: 8am-7pm  
F: 8am-5pm | Updated 7/2019 |
| **Watts Counseling & Learning Center** | **Intake Fee:** Unknown  
**Sessions:** Free, Kaiser membership not required  
**Insurance:** No | • Individuals, marital, family, parent-child  
• **Groups:** varies, call to confirm specific focus  
• **Languages:** Spanish | No | Intake by phone. M and F: 7am-6pm  
T, W, Th: 7-7  
Sa: 7:30am-3pm | Updated 7/2019 |

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| **West Los Angeles Community Counseling Center**, part of the Pepperdine Community Counseling Center  
*Located in Howard Hughes Center in West LA*  
6100 Center Dr., Ste. 559, Los Angeles, 90045  
310-568-5752  
http://gsep.pepperdine.edu/about/clinics/west-los-angeles  
| **Intake Fee:** $25  
**Sessions:** Sliding scale (between $15-$90)  
**Initial Intake Fee:** $25  
**Insurance:** No  
| **• Individual, couples, family, stress management, vocational counseling, educational therapy, psychological assessment (for clients receiving therapy)**  
**• Groups:** varies, call to confirm specific focus  
**• Languages:** Spanish  
| No  
| By appointment  
| Updated 7/2019 |

| **Women’s Clinic & Family Counseling Center**  
11500 W. Olympic Blvd., Ste. 422, Los Angeles, 90064  
310-479-7100 x103  
www.womens-clinic.org  
| **Intake Fee:** Unknown  
**Sessions:** Sliding scale  
**Insurance:** No. But they provide superbills.  
| **• Individual (18+), couples, adult family**  
**• Groups:** varies, call to confirm specific focus  
| No  
| M–Sa by appointment only  
| Updated 7/2019 |

| **Wright Institute Los Angeles**  
11845 West Olympic Boulevard, Suite#505W, Los Angeles, CA 90064  
424-371-5191  
www.wila.org  
| **Intake Fee:** Free phone intake  
**Sessions:** Sliding scale $40-$105  
**Insurance:** No. But they provide superbills.  
| **• Individuals (18+), couples, adult family**  
**• Groups:** Voices of Warriors (women’s support group), Safe Space (specifically sexual assault in the movie industry). Other options but call to confirm.  
| Referral to consulting psychiatrist  
| M-Th: 8am-8pm  
F: 8am-5pm  
| Updated 7/2019 |

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